

Everyone Valued
Everyone Challenged
Everyone Achieving



Attendance, Attention and Achievement

Weekly Newsletter

Date: 18th November 2021

Dear Parents and Carers,

As the nights are drawing in and it is becoming much colder and darker, just a reminder that all pupils should be wearing a warm winter coat. It would be advisable to have reflective surfaces attached to dark coloured coats so they can be seen. Please remind your child about road safety, especially if your child is in Year 5 or 6 and walks home alone. We recommend that all children who do walk home alone, actually walk home with a friend, especially after their club has finished. This will help your child to feel safer on their journey home.

Just a reminder that **school is closed on Friday 19th November** for Guru Nanak's Birthday. To all those celebrating, we wish you greetings and wishes for Guru Nanak Gurburab.

Anti-Bullying Week

This week has been National Anti-Bullying Week with the national theme of 'One Kind Word'. This was introduced on Monday with whole key stage assemblies. During the week, all classes across the school have been carrying out activities in their own classrooms linked to the theme. We have been reinforcing the articles of the United Nations Convention on the Rights of Children that link to this issue, as we are a Rights Respecting School. We will focus on World Children's Day next week.



On Monday, pupils and adults across the school wore odd socks for the day to reinforce that even though socks may look different, they are the same, e.g. in the function they have. This represents how we are all unique, but we are all humans. It was lovely to see so many bright and colourful socks being worn.



Junior Citizens at Tate and Lyle

On Wednesday 17th November 2021, Year 6 went to Tate and Lyle, not for sugar or condiments, but for a very important engagement – to participate in the Junior Citizens Scheme.

The pupils completed a carousel various sessions ranging from Fire Safety, Internet Safety, Transport Safety, Animal Cruelty, Stress Management, Recycling, Water Safety, through to Gangs and Online Safety.

Each session was hosted by a professional from the different disciplines, so you can imagine how detailed and informative the sessions were. The pupils had to work in teams of 6 or 7 and maintain a positive team spirit, including a collective and individual responsibility towards the progress and success of their teams. It was very competitive and their listening skills were really tested. They had to analyse real life scenarios and come up with effective strategies to solve and mitigate them. Safety was of utmost importance. Every pupil contributed effectively, as part of their team.

The 'Walk To School' team won the competition in the afternoon and each member was awarded a medal.



Yr 3 & 4 boys Football Competition at Langdon

On Wednesday 17th November, seven boys were chosen to represent Essex Primary School at the Langdon Football Competition against all of the other schools in Newham. The team was put in a group stage against four other schools and did fantastically well in the first game - winning 2-0 against St Anthonys. The team then drew in the next two games against St Joachems and Langdon. Then, after winning the last game 2-0, Essex found themselves through to the quarter finals.

This was a tough game, but the boys battled to a 2-0 win against Elmhurst, taking them to the semi finals. In a hard fought game against St Helens, the team came through with flying colours, winning 2-1 to reach the final.



Against St Edwards, the team put in a great performance, but unfortunately they were just too strong, so with the final score 2-0, Essex gained a second place finish.

A huge congratulations to all the boys who took part. They represented Essex in a mature and professional way; they deserve to be commended for their amazing performance.

WELL DONE!

Children in Need 2021

On Friday 19th November 2021 we would normally participate in and raise money for Children in Need, whilst at school. Owing to school being closed on this day, whilst you are home, we would like you to use the link below for a mindfulness exercise to help pupils practise being mindful in everyday life. With the pandemic still creating lots of anxiety and stress, it is more important than ever to look after children's wellbeing. This year Dr Ranj, an NHS doctor and Cbeebies presenter, is involved with Children in Need to help us all to wind down and relax with a special exercise.

<https://www.bbcchildreninneed.co.uk/schools/primary-school/mindfulness-hub/>

Healthy Snacks and Packed Lunches

It has come to our attention that many pupils are not bringing in a healthy packed lunch or snacks for clubs. A healthy packed lunch may include a sandwich (no chocolate spread filling), pasta or rice. Fruit, slices of vegetables and yoghurt would be a great addition to a packed lunch. Chocolates, sweets and crisps are not suitable. Please remember we are a nut free school, so snacks and packed lunches must not include anything containing nuts. Snacks for after school clubs should also be healthy, for example fruit or a cereal bar and no crisps or chocolates. If you are unsure of what to include, please ask.

Important Information

- Saturday School for Year 6 and Year 2 will continue as normal on **Saturday, 20th November 2021**

Please do not send your child into school if they have the following symptoms:



- High temperature - A high temperature is usually considered to be 38C or above.
- New, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- Loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal
- Diarrhoea

Children do not need to self isolate if a family member tests positive for Covid-19. However, they are encouraged to have lateral flow tests taken daily. If your child shows any of the above symptoms, please take your child for a PCR covid test and inform the school immediately.

Star of the week (KS1)



KS1 are extremely proud of the children's achievements.

Owais (2K)	Anika (2N)	Ismail (2M)	Maryam (2A)
Aliya (1A)	Muhammed (1B)	Dantes (1J)	Tanzila (1K)



Celebrating Success (KS2)

Well done to the children who have been awarded green leaves this week.

Yusuf 3H	Rayhan 3J	Suleman 3A	Ubaid 3M
Affan 4H	Zenia 4A	Haseeb 4I	Ankita 4P
Elijah 5R	Aiza 5P	Nayasha 5H	Taskina 5M
Raisa 6H	David 6B	Corina 6Q	Smilte 6I

Walk to School

Please note that the percentages have dropped this week.

Please remember to walk to school and be as active as you possibly can.

Classes with highest percentage walking:		Classes that have been the most active:	
1st	4I & 5R (99%)	1st	NT am, 2A, 5H, 5R, 6B (100%)
2nd	3A (93%)	2nd	4A(98%)
3rd	2A & 4P (91%)	3rd	4P (97%)



Attendance Matters!

Every Student, Every School, Every day

Here is our attendance chart. Thank you to all the parents who have sent their children to school during this time.

Sending your child to school plays a vital role in your child's development.

Class	%	Class	%	Class	%	Class	%
NNam	91.1	1A	94.0	3A	95.0	5M	100.0
NNpm	74.0	1J	96.4	3H	97.8	5P	96.9
NTam	84.6	1K	95.7	3M	91.7	5R	98.1
NTpm	83.0	1B	98.3	3J	99.6	5H	95.5
RM	92.9	2K	98.3	4A	96.4	6I	94.0
RD	94.2	2A	91.1	4I	93.8	6Q	90.8
RF	97.5	2N	96.4	4P	94.6	6H	98.1
RT	75.0	2M	97.5	4H	96.8	6B	98.1
Whole School		94.3%					

School Clubs: Week beginning - 22nd November 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Before School Club</u> <u>8:00-8:45</u> Year 1: Athletics Year 5: Handball <u>After School Club</u> <u>3:30-4:30</u> Year 2: Athletics Year 5: Football	<u>Before School Club</u> <u>8:00-8:45</u> Year 6: Handball <u>After School Club</u> <u>3:30-4:30</u> Year 1: Gymnastics Year 6: Football Year 6: Debate Mate	<u>Before School Club</u> <u>8:00-8:45</u> Year 2: Gymnastics Year 3: Handball <u>After School Club</u> <u>3:30-4:30</u> Year 2: Football Year 3: Football <u>3:00- 3:30</u> Year 3 & 4 : Police Cadets <u>3:30 - 4:30</u> Year 5 & 6: Police Cadets	<u>Before School Club</u> <u>8:00-8:45</u> Year 1: Handball Year 4: Handball <u>After School Club</u> <u>3:30-4:30</u> Year 1: Gym Club Year 4: Football <u>3:30 - 4:30</u> KS2 Guitar Club	<u>Before School Club</u> <u>8:00-8:45</u> Year 6: Early Riser's Maths Club Year 2: Athletics <u>After School Club</u> <u>3:30-4:30</u> Year 2: Handball Year 3: Netball

Mrs Cecilia Mojzes
Executive Head Teacher

Mr Rick Probett
Chair of Governors

Mrs Amber Ilyas
Associate Head Teacher

5 STEPS FOR COVID-19 WELLBEING

