

Attendance, Attention and Achievement

Weekly Newsletter

Date: 29th January 2021

Dear Parents/Carers,

During this time, there have been many changes, but we have all continued to pull through to ensure that children are well and safe. Truly, it is a delight to see that, whilst children are learning at home, the school vision carries through, which is 'everyone valued, everyone challenged and everyone achieved'. Again, if you wish to speak to us about any issues that concern you please feel free to contact us through Google Classroom for Reception to Year 6 and for Nursery email: eyfs@essex.newham.sch.uk

Holocaust Memorial Day

Throughout the week, the children have been taking part in different activities to commemorate 'Holocaust Memorial Day'. During our assemblies the children have been given the opportunity to reflect on all the lives that have been affected by different genocides. Please see our special Holocaust commemoration.

Remote learning

We would like to thank all parents for your continued support during our remote learning sessions. Parents have attended zoom lessons with their children and have used strategies from their classes to help them at home. Also, parents have encouraged their children to hand write their work, which has been uploaded on to Google Classroom. All your effort has enabled the children's learning to continue at home. We understand that it can be difficult to manage remote learning so here are a few tips:

Tips for remote learning

- *Follow the timetable*
- *Have clear routines and rules for example a clear wake up time*
- *Have regular breaks*
- *Encourage siblings to work together*
- *Talk through the learning before completing the work*



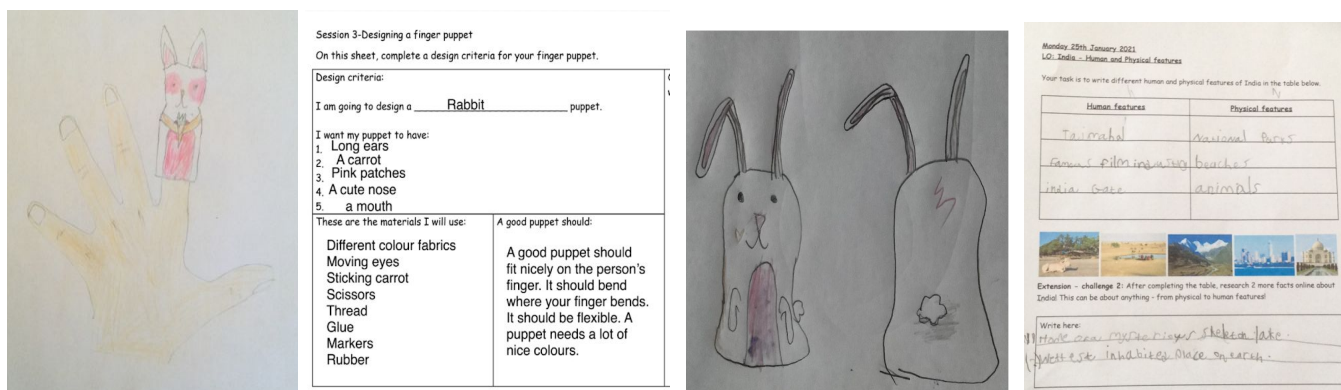
It is extremely important for your children to complete their work on Google Classroom. For those parents who have issues with sharing devices, your child can **write a comment** on their learning on Google Classroom at least once a week this will inform the teachers of their learning. The teachers will be able to give them further guidance. If you are still facing any of these issues, you can email the school on info@essex.newham.sch.uk or call the school.

KS1 Remote learning

A big thank you to all our parents and carers working hard to support their children to access their learning through google classroom. We'd like to share some of the brilliant work our KS1 children have been doing at home.

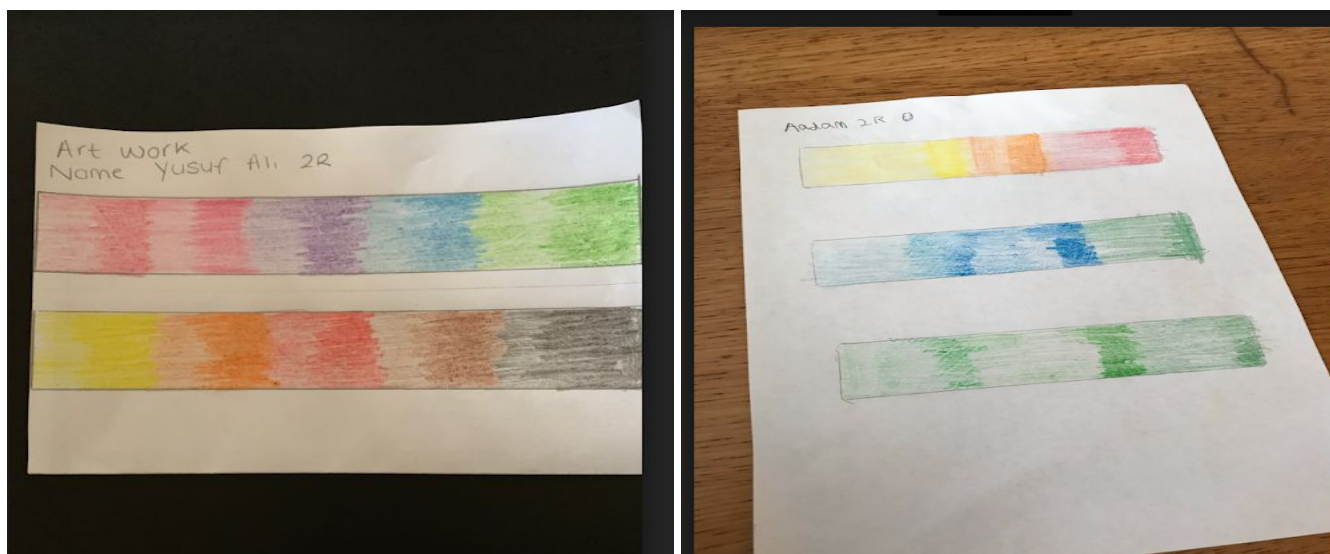
Year 1 Remote learning

Year 1 children have been working extremely hard at home, alongwith the support of their parents, to master their remote learning. Our children in school have been doing very well in becoming more independent, logging on and off, submitting/handing in work promptly. They have been very active in completing their tasks and have shown great interest in Geography, where they have been looking at the UK and India, as well as Art, where the children have been designing their own puppets. The year 1 staff have been very proud of their children's effort and hard work.



Year 2 Remote learning

Year 2 children have been working well, and are extremely familiar with remote learning. Our children have completed a variety of work such as writing stories, descriptions, completing quizzes and pieces of art. Most children are completing their work to a high standard and when they find work challenging they ask for help. The children have made their teachers very proud.



Please also see their wonderful work using the Holocaust Memorial Day theme - Be a light in the darkness in Essex's special holocaust commemoration.

National Storytelling Week

30th Jan - 6th Feb

January 30th marks the start of National Storytelling week.

Stories are cherished by everyone. Being able to tell a story is an important talent that develops skills in reading, speaking and listening. To recognise the art of storytelling, there are usually events across the country in places such as theatres, museums, schools and hospitals. This year many events will be taking place virtually.

How can you get involved?

- Retell a story without having the book;
- Create story stones or story spoons;
- As a family, tell a story of your own: an adult can start by telling the beginning of the story and every family member will continue to add to the story;
- Include role play when you're telling the story;
- Join Virtual Reading Events.

Newham Library will be showing storytelling for the whole family by **Iroko** theatre group. **The Goat, The Chicken and The Cow** is a spellbinding story of a friendly chicken that fell into a deep hole while trying to be kind to others. These stories are suitable for the whole family.

On Saturday 30th January at 11am **Creative Briefs** will live stream a workshop for children aged 7+ and their families looking at the fascinating journey of dyslexia. Those viewing the stream will find out how to think like a real designer, express themselves through storytelling and figure out the journey of dyslexia. This workshop is designed to create empathy and understanding.

Here is the link for both events. <https://bit.ly/3r6r8yv>



The poster is for a live stream workshop by Creative Briefs. It features a cartoon illustration of two children, a boy and a girl, wearing space helmets and sitting on a large pencil that is acting as a rocket. The background is a light blue sky with a yellow ground. Text on the poster includes: 'In collaboration with Newham London children's UNIVERSITY EAST LONDON' at the top left; 'www.creativebriefs.co.uk @BriefsNotPants' and a Creative Briefs logo (a pair of briefs) at the top right; 'JOIN OUR FREE LIVE STREAM WORKSHOP!' in large, bold, italicized letters; 'Transport into a world of dyslexic creativity!' below that; 'Discover the 'Dyslexia Street Book', a story created entirely by dyslexic children, in a fun & creative live stream workshop.' in a smaller font; and 'All abilities friendly. Recommended 8+. Families welcome. Children's University validated activity.' at the bottom. A red starburst in the bottom right corner says 'Jan 30th 11am-12pm'.

In collaboration with Newham London children's UNIVERSITY EAST LONDON

www.creativebriefs.co.uk @BriefsNotPants

CREATIVE BRIEFS

**JOIN OUR FREE LIVE
STREAM WORKSHOP!**

**Transport into a world of
dyslexic creativity!**

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Enjoy sharing a story!

Top Tips For The Week

Well being

It is important to stay well and safe. Lock down has been challenging for many reasons. Most of your children are missing their friends, teachers and loved ones. However, we are a community and we want to reassure you that you are not alone, as we are a school that works together.

There are many factors that can have an impact on your child's well-being such as their diet, physical and social needs. For instance, there is a strong link between good well-being and physical activities. So, we have some activities that you could do with your child at home.

Mindfulness

Mindfulness enables us to pay attention to the present moment. It can help us to enjoy life and understand ourselves better. Mindfulness is a daily practise and helps us to set time aside for ourselves. Mindfulness meditation involves sitting silently and paying attention to thoughts, sounds, the sensations of breathing or parts of the body and bringing your attention back whenever your mind starts to wonder.

Here are some mindfulness activities:

- *Yoga*
- *Meditation*
- *Watching the sky*



Stay active

Exercise has a strong impact on children's well-being. If we keep our bodies healthy, this will have a strong impact on the regulation of our mind.

There are many activities that we can do at home such as:

- *Dancing- learn a new dance on YouTube*
- *Complete ab exercise challenge*
- *Take a walk around the house*
- *Complete Jo Wicks morning exercise routines*
- *Complete different morning stretches*



Stay connected

Staying connected with loved ones is important. Also, staying connected with the school will help you to find strategies to promote your child's academic and wellbeing progress.

Here are some activities that you could do with your family over zoom, Google Meet or Microsoft Teams:

- *Quizzes*
- *Family dance off*
- *Family 'Bake off'*
- *Challenge games*
- *Family book club*



Online Safety

We would like to remind all parents about the importance of online safety. Whilst children are using the Google Classroom to complete their work, we must be vigilant of their online behaviour. Here are some tips to use at home:

- Set up a parental code to ensure that children do not go on to different sites
- Always be informed of the programme your child searches
- Use the internet with your child, to model good online behaviour
- Remind your child of the importance of personal information
- Understand the different games and apps that your children use



Lockdown Rules

We would like to encourage all families to continue to follow all the lockdown rules and public health guidance to help maintain the safety and wellbeing of our school community.

Remember:

- Don't meet indoors with anybody outside your household or support bubble
- Keep your distance and wear a face covering when out in public
- Wash hands regularly
- Reduce the number of journeys you take, to work from home where possible
- Self-isolate and seek a test if you experience any Covid-19 symptoms



We wish you a safe and enjoyable weekend. Remember to: "Wash Hands, Cover Face, Make Space!"

Mrs Cecilia Mojzes
Executive Head Teacher

Mr Rick Probett
Chair of Governors

Mrs Amber Ilyas
Associate Head Teacher