

Thoughtful Thursday! 30/4/20

Dear Parent/Carer,

The Reception team hope that you and your children are safe and well. Here are some ideas and suggestions for a great day with your child.

Wake and Shake (10 minutes max)

- Let's learn about exercising!
- Exercising is when you do a physical activity so your body can stay fit and healthy.
- Try some of these at home today!
- Remember to drink some water.



Jump forward and back



Stretch from side to side



Jump and stretch

Story time

Read "Little Red Riding Hood" See the story below.

Today you are going to describe "Grandma". You can use the words below or think of your own to describe her.

Think about what she looks like, what type of character is she? How may she be feeling?

Grandma is kind and gentle.

She has



wrinkles, kind, old, gentle,
friendly, scared, happy,
mean, cheeky, sad,
helpful, mean, angry

Snack time:

Have a bowl of cereal.

Can you tell your grown up how to make it?

First get a bowl.

Next put the cereal in the bowl.

Then pour the milk on top.

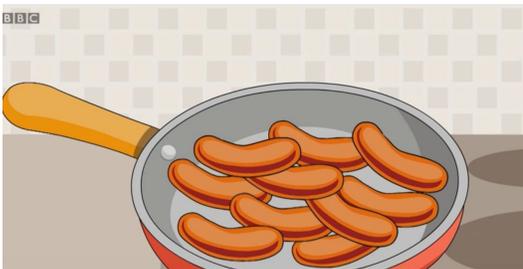
Finally eat it.



Mathematics : Let's sing a number rhyme

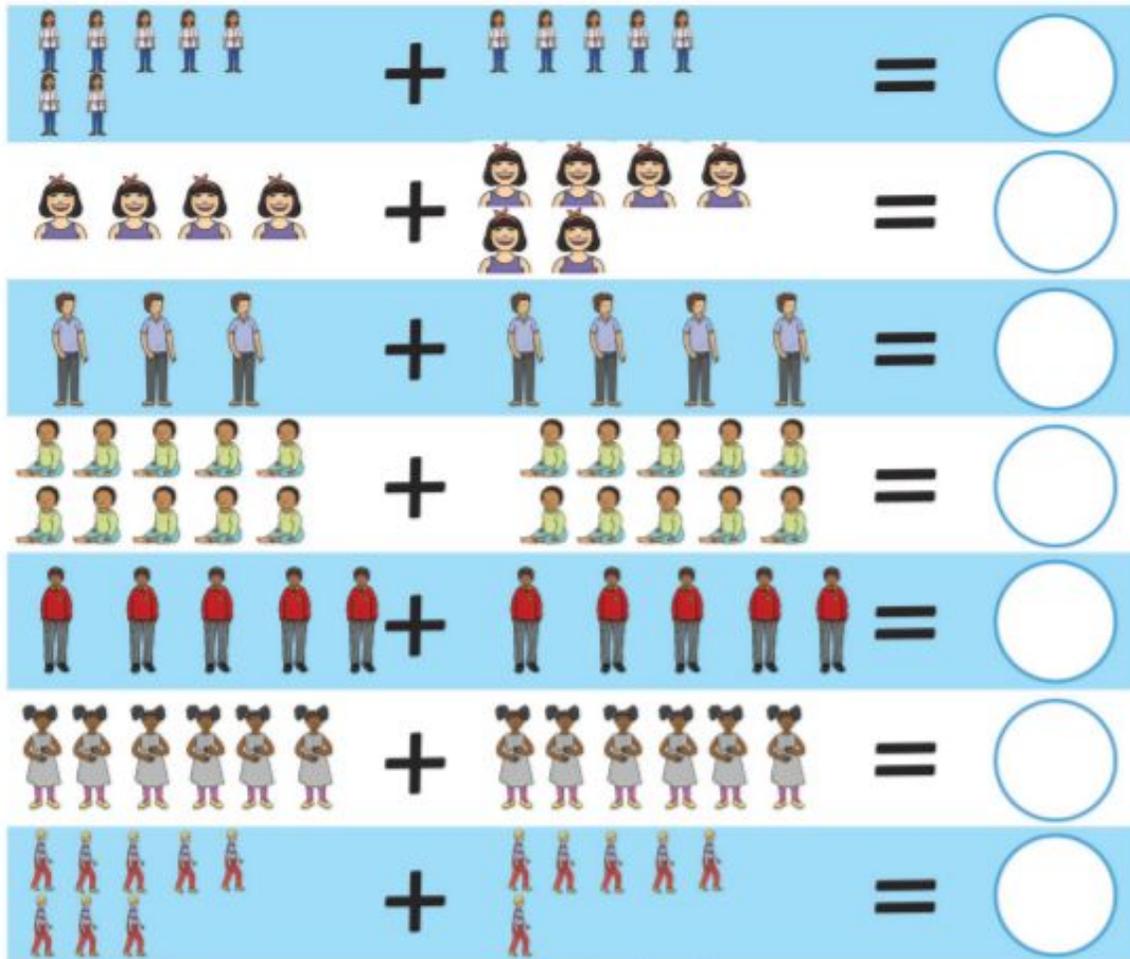
10 fat sausages!

<https://www.bbc.co.uk/programmes/p03rdgn3>



Lets count to 20. stamp your feet as you count. One stamp for each number.

Now count these characters and draw the right amount in your book.



Additional activities to do daily

- Correctly write your name using a capital letter for the first letter only.
- Learn to read and write these tricky words: he, she, we, me, be, are, to, do
- Practise your handwriting- make sure you are forming your letters and numbers correctly.
- Read your books.

Storytime

Let your child use their toys to tell you stories that you've shared. When you're sharing a story together ask why your child thinks something has happened, what might happen next or how they think the story might end?

Let your child play with their toys and take a break!



Little Red Riding Hood

Short story

Little Red Riding Hood lived in a wood with her mother. One day Little Red Riding Hood went to visit her granny. She had a nice cake in her basket.



On her way Little Red Riding Hood met a wolf.

'Hello!' said the wolf. 'Where are you going?'

'I'm going to see my grandmother. She lives in a house behind those trees.'

The wolf ran to Granny's house and ate Granny up. He got into Granny's bed. A little later, Little Red Riding Hood reached the house. She looked at the wolf.

'Granny, what big eyes you have!'

'All the better to see you with!' said the wolf.

'Granny, what big ears you have!'

'All the better to hear you with!' said the wolf.

'Granny, what a big nose you have!'

'All the better to smell you with!' said the wolf.

'Granny, what big teeth you have!'

'All the better to eat you with!' shouted the wolf.

A woodcutter was in the wood. He heard a loud scream and ran to the house.

The woodcutter hit the wolf over the head. The wolf opened his mouth wide and shouted and Granny jumped out.

The wolf ran away and Little Red Riding Hood never saw the wolf again.

Listen to this story <https://learnenglishkids.britishcouncil.org/en/short-stories/little-red-riding-hood>

www.britishcouncil.org/learnenglishkids

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Making Musical instruments:

Make a shaker from an old water bottle or any containers you have at home. Make sure it is clean and dry(use whatever you can find at home to put inside,old buttons, rice, beads, pasta). Put the lid on and shake! Then use your shaker to make some lovely music. sing a nursery rhyme or make up your own song

Please practise writing all the letters and numbers everyday..

a b c d e f g h i

j k l m n o p q r

s t u v w x y z

1 2 3 4 5 6 7 8 9 10

1 2 3 4 5 6 7 8 9 10

1 2 3 4 5 6 7 8 9 10

Apps you Might Like to Explore with Your Child



CBeebies Storytime is filled with free interactive story books and bedtime stories for young children and is a great way to enjoy reading with your little one. The library is always growing, with amazing stories featuring all the CBeebies' favourites.



Teach Your Monster to Read is a phonics and reading game that's helped children learn to read. The app covers the first two years of learning to read, from matching letters and sounds to enjoying small books.

Phonics websites that you can access

<https://www.phonicsplay.co.uk/#>

<https://www.phonicsbloom.com/>

<https://www.topmarks.co.uk/english-games/5-7-years/letters-and-sounds>