

Estimating Duration of Time

In Focus



maths lesson



music lesson

How long is a second?

Is singing a song likely to take a minute or an hour?

Today, we are going to be estimating the duration of time.

Tell an adult:

Q: How do we measure time?

Q: What is longer: a second, minute, an hour?

Q: What is short: a second, minute, an hour?

Have a look below at the let's learn section:

Let's Learn



Clap three times.



That is about
one second.



Sing a song.



That is about
one minute.

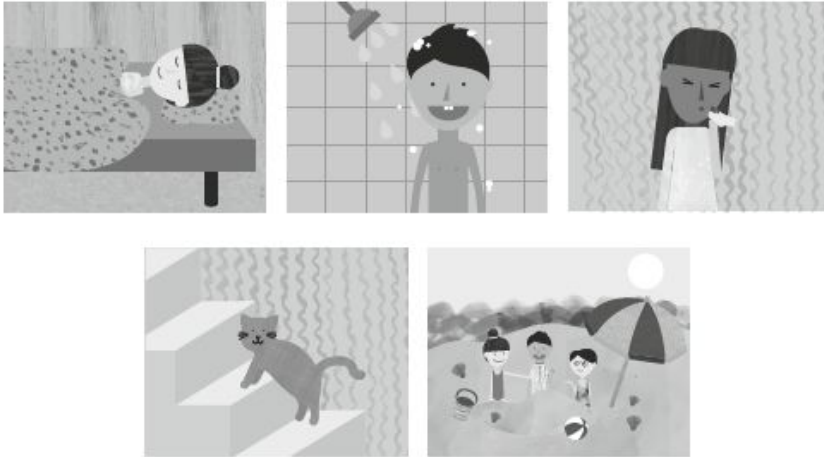


Have a maths lesson.



That is about
one hour.

Task: Fill in the missing blanks below using: seconds, minutes, hours, days, weeks.



- a) I sleep about **10** _____ every day.
- b) I take about **15** _____ to take a shower.
- c) I need about **3** _____ to recover from the flu.
- d) The family cat runs up the stairs in **2** _____.
- e) Summer holidays last for **6** _____.