

## Exploring plants



**You can learn new skills, have fun, play and develop self-confidence by spending time in the garden, tending plants and growing your own food.**

**Most children enjoy being outdoors and love digging in the soil, getting dirty, creating things and watching plants grow.**

**Your task for this week is to explore plants in the park or if you have a garden, you can complete the task from the comfort of your own home. Look for different types of plants - draw a picture of them and try to name them.**

**This is a fun activity so get your siblings and parents involved too!  
How many types of plants can you find?**

**We'd love to see your work, so take photos and upload it or you can write down what you did and what you enjoyed the most.**