



Thoughtful Thursday 4/6/20

Dear Parent/Carer,

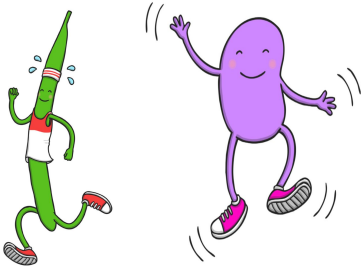
The Nursery team hope that you and your children are safe and well. Here are some ideas and suggestions for a great day with your child. Choose your favourite 3 or do more and if you can, take some photos to share.

Build a tower! (suggested time 10-15 minutes max)

- Provide your child with some wooden or plastic blocks.
- Ask them to build a tower using one block at a time.
- Try some different ways of arranging the blocks: put them in a line, make a circle, stack 2 blocks at a time, build using only rectangle blocks etc



Wake and Shake! (Suggested time 10 minutes max)



- Play the Bean Game
- Explain different 'Bean' actions to your child. Call out a bean action and they need to be that bean/do the action. Different actions could be:
 - Runner Bean- run carefully around a space or on the spot.
 - Broad Bean- stand still and have arms and legs stretched out straight.
 - Jelly Bean- wiggle bodies.
 - Jumping Bean- jump around.

New words to old songs! (Suggested time 10 minutes max)

- Take a song or rhyme the children know well and make up some new words to the song.
- This could be simply changing a few words of a song to making up new ones using familiar tunes.
- For example, 'Twinkle Twinkle, shiny red car, how I wonder where you are, driving on the road you go, make sure you don't drive slow.'
- Use any instruments you have or make some to play along with the new song!



Maths (Suggested time 15 minutes)



- Make or use some playdough as well as collecting some sticks. You could also use matchsticks, pipe cleaners or dry pasta such as spaghetti.
- Practise counting by saying a number for your child and supporting them to put that number of sticks into the playdough. Eg if you said 3- they need to put 3 sticks into the dough.
- You could say random numbers or work up from 1-10.
- How many sticks did you use? Which one has more sticks in it?



Snack/Lunch (15 minutes)

- Make a fruit smoothie!
- Choose some fruit and ingredients your child would like in the smoothie
- Ideas such as bananas, berries, melon, juice, milk, ice cream etc
- Support your child to safely cut up pieces of fruit as well as measure out any other ingredients.
- Talk about each step of making the smoothie and what needs to be done next.
- Carefully use the blender to mix up the ingredients to make the smoothie and enjoy!!



Playtime



- Play a game of 'Simon says..' .with an adult or sibling/s.
- Listen to the instructions given by 'Simon'.
- If Simon says 'clap your hands' make sure you clap your hands! Remember to not do the action Simon if they do not say 'simon says'.
- Can you pretend to be Simon and give some instructions out?
- What actions can you do?

Topic Activity (15 minutes)

- Find some toy transport such as cars, trucks, trains etc that you may have around the house.
- Place some paper in a tray or on a flat surface covered for using paint.
- Put some paint on the paper and let your child move the cars around in the paint, using the wheels to make marks in the paint.
- What patterns can you make in the paint? Do the wheels make big or small marks?



Storytime

- Let your child help to retell stories they like and that you've shared.
- When reading stories, change the voices you usually may use for different ones eg a low angry voice for a princess or a lady voice for a monster.
- Make the voices different to what your child would expect the characters voices to be.
- Encourage your child to change their voices when retelling the story.

