

Writing: Day 5

Moment of reflection

Today, your task is to reflect! Take a moment to enjoy time with your loved ones, have fun and think about what you are thankful for.

Below, you must bullet point what you are thankful for. Remember, what you appreciate could be completely different to your friend and that is absolutely fine!

Challenge 1 - share at least 8 examples

Challenge 2 and 3 - share at least 12 examples

Here is an example below:

- *I am thankful that my parents take care of me and ensure that I am taken care of every day.*

