



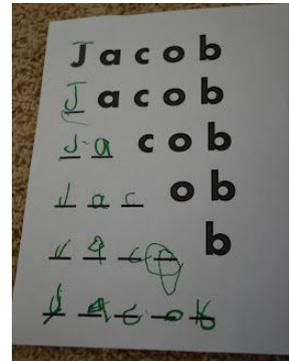
Magnificent Monday 8/6/20

Dear Parent/Carer,

The Nursery team hope that you and your children are safe and well. Here are some ideas and suggestions for a great day with your child. Choose your favourite 3 or do more and if you can, take some photos to share.

What's my name? (suggested time 10-15 minutes max)

- Write or type your child's name onto a piece of paper.
- Continue writing their name below but each time put a blank space/line instead of a letter.
- Eg. Aisha, _isha, __sha, ___ha, ____a, _____.
- Encourage your child to practice writing their name by filling in the missing letters each time.



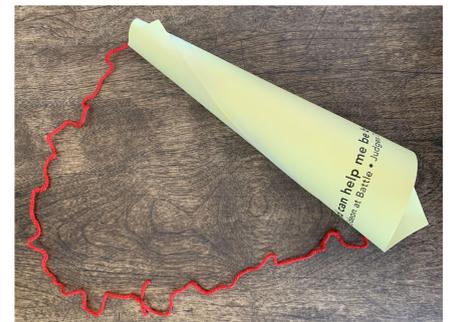
Wake and Shake! (Suggested time 10 minutes max)



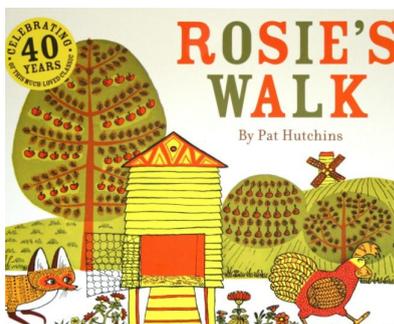
- Search for Cosmic Kids Yoga on YouTube
- <https://www.youtube.com/user/CosmicKidsYoga>
- Select a video to watch and follow along with the actions.
- What movements can you do?
- Ask some family members to join in with you!

Making Trumpets! (Suggested time 10 minutes max)

- Make a cone/trumpet shape from paper or lightweight card.
- Get your child to decorate the paper before forming the cone.
- Experiment by making different noises through the cones.
- Model sounds for your child to copy such as: the up and down wail of a siren, the honk of a fog horn, a peep, peep, peep of a bird.
- Can you try making loud and quiet sounds?
- What other sounds can you make?



Literacy (Suggested time 15 minutes)



- We are looking at a new story called 'Rosie's Walk.'
- Visit the following website to watch the story and explore some activities related to the story. (You can also search for the story on YouTube.)
- <http://www.lovelybooks.co.uk/?s=rosies+walk>
- Before listening to the story, ask your child what they think the story may be about?
- Ask them what is happening in the story? What animals are the characters? What happens to them?



Snack/Lunch (15 minutes)



- Have a go at making your own vegetable sticks.
- Encourage your child to help prepare them by practising cutting them with an adult.
- Model using a knife correctly.
- You could also try making a dip to have on the side.
- Examples of vegetable sticks: carrots, cucumbers, bell peppers, celery and avocado.
- Examples of dips you can make: avocado dip, hummus dip, beetroot dip or a yoghurt dip

Playtime

- Cut a piece of paper up into small strips or squares big enough to draw a small picture or pattern on.
- Encourage your child to draw different coloured pictures/patterns on each piece of paper.
- Glue the small squares/strips onto a large piece of paper to make a large picture.
- Try drawing a picture onto paper first before cutting it up and then rearranging it before sticking onto a larger piece of paper.



Topic Activity (15 minutes)



- Act out the story of 'Rosie's Walk.'
- Use boxes, cushions and blankets and any other suitable props to create the world of the farmyard to go on a walk, going across, around, over, past, through, and under.
- Encourage your child to tell the story as they go on their journey. Can they describe where they are going?
- They might like to make up their own story about going for a walk in a different place, such as a forest or a house.

Storytime

- Let your child help to retell stories they like and that you've shared. When you read your child stories that they know really well, encourage them to act out parts of the story using different actions and voice for different characters and scenes.

