



## Thoughtful Thursday! 2/7/20

Dear Parent/Carer,

The Nursery team hope that you and your children are safe and well. Here are some ideas and suggestions for a great day with your child. Choose your favourite 3 or do more and if you can, take some photos to share.

### Mark making activity (suggested time 10-15 minutes max)

- Using a large piece of paper or if you have old wall paper use the back of that to lay on the floor.
- Then make/find some tools to help you make some big marks.
- You could use a spare toothbrush and dip in paint to make different marks.
- Can you describe the pattern you make? What other tools can you use?
- Can you do some shapes and lines in different directions?



### Wake and Shake! (Suggested time 10 minutes max)



- <https://www.nhs.uk/10-minute-shake-up/shake-ups>
- Follow the link above to complete a workout.
- You have 4 options to select from. The Lion King, Frozen, Toy Story 4 or Incredible 2.
- Can have a Disney shake up workout.
- What was your favourite part?
- Are you warmed up and ready for the day?

### Talk Time! (Suggested time 15 minutes)

- Get a mirror or sit in front of a mirror for this task.
- With an adult, have a discussion about the features on your face.
- You could observe what features on your face?
- What colour are your eyes?
- Then you could make different facial expressions for different feeling words eg. happy , sad etc.
- Encourage your child to think about the different emotions and how they can be shown on their face with expressions.





## Literacy (Suggested time 15 minutes)

- Link to our story 'The Train Ride'. When we go on a train journey we need a ticket.
- That ticket is to show the ticket inspector we have paid for our trip.
- Your task today is to design your own train ticket.
- Imagine where you would like to go?
- On your ticket can you write the date? Time?
- Where is your trip to?
- Encourage your child to think about why they need a ticket and make some marks to show where they are going.



## Snack/Lunch (15 minutes)



- Make a healthy salad for lunch. Talk to your child about healthy foods, why they are important.
- What are healthy foods? Can you name 5 healthy foods?
- You could say would...be healthy? Name random food items and see if they can decide if they are healthy. Eg - ice cream.
- Select items for your salad. Encourage your child to pick the items.
- Then encourage them to be involved with the stages, eg-peeling a banana or squeezing a lemon.
- Supervise and allow your child to practise their cutting skills with a spreading knife for soft items like bananas

## Playtime - messy play

- Depending on what you have at home - either paint, washing up liquid, shaving foam, flour etc. Put that into a tray for your child.
- Add some toys or magnetic letters/numbers if you have any. See if you find the hidden objects.
- When you find them can you say what they are, what sound/number they are?
- If it is an object, can you describe it?



## Topic Activity! (Suggested time 15 minutes)

- Linking to our theme of Refugees, they have to leave their homes very quickly.
- sometimes , with very little time to pack all their things.
- Can you draw what you would pack if you had to leave in an emergency.
- Think about what is essential?
- What you would have to take, because it is dear to you.





## Storytime



- Choose a topic for storytime. This could be reading books only about animals, monsters or fairy tales etc.
- Ask your child if they can tell you how the books are similar or different.
- Which book is their favourite?
- Can they play a game of eye spy and find the same/similar characters in all the stories?

## Apps you Might Like to Explore with Your Child



CBeebies Storytime is filled with free interactive story books and bedtime stories for young children and is a great way to enjoy reading with your little one. The library is always growing, with amazing stories featuring all the CBeebies' favourites.

CBeebies Playtime Island contains a wide range of fun and educational games to help children understand the world around them and support the development of core skills. Children can play along with all of CBeebies' most popular characters.



Lingumi provides a course focused on spoken and communicative English. The app provides sets of learning games, speech recognition games and video-based games to help the child grow their grammar and get them speaking their first words.

Kaligo is a digital handwriting exercise book designed to teach children how to write using a stylus and tablet, built on an AI machine learning platform. A self-paced approach enables children to progress at their own speed according to their own ability, whilst AI Machine learning provides real-time corrective feedback.



Fonetti is a Listening Bookshop™ that provides young children with a patient, comforting listening ear to help in the learning-to-read journey, but also with the added benefit of tracking progress, identifying reading challenges, and highlighting to their adult carers where the most support is needed.