



Wonderful Wednesday! 1/7/20

Dear Parent/Carer,

The Nursery team hope that you and your children are safe and well. Here are some ideas and suggestions for a great day with your child. Choose your favourite 3 or do more and if you can, take some photos to share.

What's my name? (suggested time 10-15 minutes max)

- Write your child's name onto individual stickers/tape and stick them onto individual blocks.
- Remember to use a capital letter for the beginning of their name and the rest lowercase letters.
- You could also ask your child to write each letter of their name.
- Mix up the blocks in a bowl or basket and then ask your child to arrange the blocks to correctly spell their name.
- You could add some extra letters that are not in your child's name to make the activity a bit harder for them. They need to realise which letters should or shouldn't be in their name
- What letters are in your name? Can you spell your name correctly?



Wake and Shake! (Suggested time 10 minutes max)



- Let's warm up our bodies by doing some stretches.
- Stretch out your arms and spread your legs out. Reach down with your arm to touch your toes.
- Now try touching the floor with your hand.
- Stand on one foot and try balancing by holding your foot with your hand.
- Sit on the floor and stretch out your legs. Reach and try touching your toes. Swap sides.
- Put your legs straight out in front of you. Now try reaching over to touch your toes.
- Finish by stretching out your arm across your chest and put your other hand on your elbow to help stretch it.

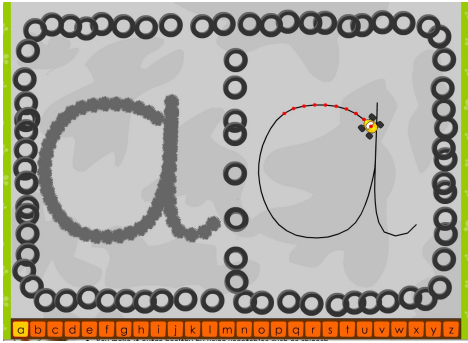
Phonics baskets! (Suggested time 15 minutes)

- Find about 4-6 bowls or baskets.
- Label the baskets with phonemes written on a sticker or piece of paper. Phonemes should be s, a, t, p, i and n.
- Ask your child to go on an object hunt around the house and find things that begin with that sound/phoneme. Eg. s-sock, a-apple, t-teddy bear.
- Put the objects into the matching baskets, identifying the initial sound/phoneme as they do.
- Look through the objects with your child and see if they can name them all and say what sound it begins with.





Literacy (Suggested time 15 minutes)



- Use BusyThings- <https://www.busythings.co.uk/play/>
- Go Nursery, then click on Literacy, Communication and Language.
- Select the handwriting option and you will find a selection of letter formation activities.
- Choose an activity and let your child practise forming letters.
- Can you use your finger or computer mouse to form the letter? What letter did you try writing?

Snack/Lunch (15 minutes)

- Today we will decorate some biscuits!
- You will need some plain biscuits, icing and decorations.
- Decorations could be raisins, small bits of fruit/vegetables, sweets.
- Support your child to mix and spread icing onto the biscuits.
- Cut decorations if needed.
- Let your child arrange decorations on the biscuit. They could make a face or just add decorations as they would like.
- What decorations did you put on your biscuit? What did you make on your biscuit? A face? A monster?



Playtime - Laser obstacle course!

- Use a ball of wool or string to make an obstacle course.
- You could thread wool around door handles, tape to the walls, around table or chair legs or around trees outside.
- Make sure there is enough space for your child to move in between the 'lasers.'
- Tell your child to move through the wool and that they can't touch it as it is a 'laser.'
- Add some in between the lasers for them to try and collect.
- Have fun!

Topic Activity! (Suggested time 15 minutes)

- It was recently Refugee Week. A time to make others aware about what refugees go through.
- Watch the following video to learn about what a refugee is. (Adults may want to watch first to check if happy to show as may not want to show child certain scenes)
- <https://www.youtube.com/watch?v=RgyqLIEx9Ss>
- Talk with your child about what they saw and what happened in the video?
- What happened to the family? What happened to where the child lives? Was it safe to live there? Why/why not?
- Why do you think they had to leave? Where did they go?
- How would you feel if you had to leave your home or family?

