



Fantastic Friday! 10/7/20

Dear Parent/Carer,

The Nursery team hope that you and your children are safe and well. Here are some ideas and suggestions for a great day with your child. Choose your favourite 3 or do more and if you can, take some photos to share.

Over the week we will be reviewing stories your child has learnt throughout the year. See what they can remember about any of the stories before reading/watching them and completing activities.

Story of the Day!

- **Peace at Last** (<https://www.youtube.com/watch?v=9U9y35kWBvM>)

Listening Walk!! (suggested time 10-15 minutes max)

- In the story 'Peace at Last' there are lots of different sounds heard around the house and garden that keep Mr Bear awake.
- Let's go on a listening walk to hear sounds around your house or garden!
- Remind your child about being a good listener (e.g. keep quiet, have ears and eyes ready).
- Walk around your house or garden and encourage your child to listen attentively to the sounds around them.
- Talk about the different sounds they can hear.
- What can you hear? What do you think is making that sound? Where did you hear the sound?
- Would any of those sounds keep you awake at night like Mr Bear?



Wake and Shake! (Suggested time 10 minutes max)



- Watch The Body Coach 5 minute move workout below.
- <https://www.youtube.com/watch?v=d3LPrhIOv-w>
- Follow along with the different workout moves.
- Can you copy the actions?
- What actions is he doing?
- Which actions were easy/hard?

Paper Aeroplanes (Suggested time 15 minutes)

- Baby Bear likes to pretend to be an aeroplane so lets make one from paper
- Follow the instructions in the YouTube video below
- <https://www.youtube.com/watch?v=7KPaxKUDj6I>
- You could get your child to colour and decorate the paper before making the aeroplane.
- Once you have made the aeroplane, try flying it. Maybe other family members could make one too and you can have a race!!





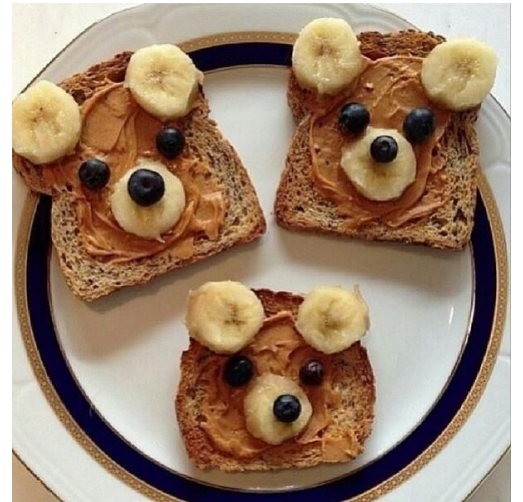
Literacy (Suggested time 15 minutes)



- Mr Bear can't sleep!
- Let's try designing the perfect bed for Mr Bear to sleep in.
- Your child could paint or draw a picture or make a model using craft materials or cardboard.
- Talk about what makes a bed comfortable for sleep and what it should be made out of.
- They could also add other features to the room to make for a good night's sleep.
- What is your bed made from? What makes it comfortable? Would you sleep in that bed? Do you have something in your own bed that makes it comfortable?
- Can you talk about the bed you made and the good features you added?
- What else could you have in your room to help you sleep?

Snack/Lunch (15 minutes)

- Let's make some bear toast.
- You will need sliced bread, peanut butter/chocolate spread, banana and blueberries.
- Support your child to cut the banana into slices.
- Toast the bread and then cover with chosen spread such as peanut butter.
- Arrange the banana slices; two slices for ears and one for a nose.
- Add two blueberries for eyes and then one on top of the banana for the nose.
- Which character could your bear toast be? What features can you see?
- Eat and enjoy!



Playtime

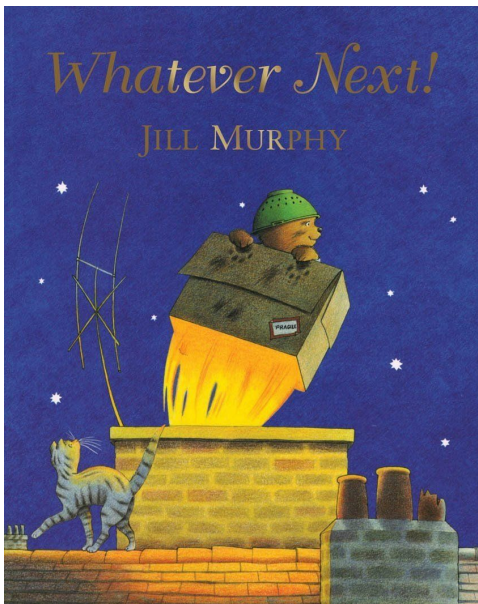
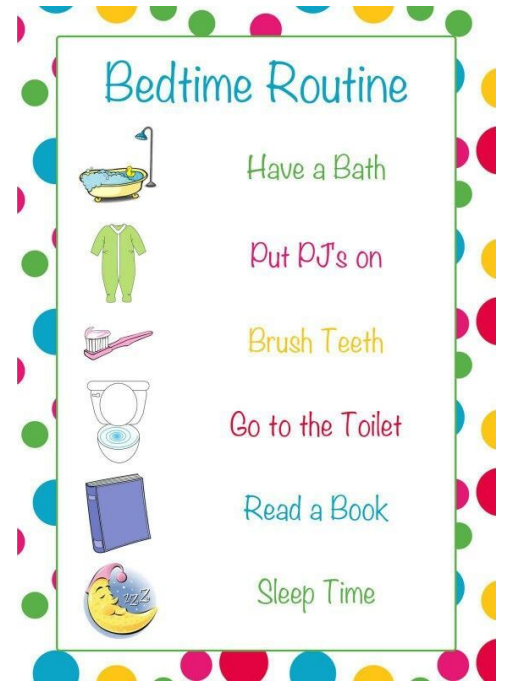


- After reading or listening to the story 'Peace at Last, let's use some teddy bears to act out the story.
- Find 3 different sized teddy bears around your house. A large one for Mr Bear, a medium sized teddy for Mrs Bear and then a small one for Baby Bear.
- Ask your child to use the teddies to act out the story. They could pretend to put them to bed, visit different rooms and listen for sounds and even go into the garden.
- What did Mr Bear do in the story? What about Mrs Bear?
- Can you pretend to be Baby Bear? What did he do?



Topic Activity! (15 minutes)

- In the story, the Bear family are getting ready for bed.
- With an adult can you think about and discuss what you do to get ready for bed. .
- Encourage your child to think about the routine they usually follow such as brushing their teeth, putting on pyjamas, reading a story etc.
- Ask your child to draw/paint a picture of themselves getting ready for bed. This could be a picture of them in their pyjamas or brushing their teeth.
- What do you do to get ready for bed? Do you have a favourite pair of pyjamas? What bedtime story do you like to listen to?



Storytime

- Have a look at another story written by the same author, Jill Murphy.
- You can watch the story 'Whatever Next' here <https://www.youtube.com/watch?v=Nn73STXrPPO>
- What did the Baby Bear do in the story? Where did he go? What did he make?
- Is this story similar or different to 'Peace at Last'?
- Which story did you like?

Apps you Might Like to Explore with Your Child



CBeebies Storytime is filled with free interactive story books and bedtime stories for young children and is a great way to enjoy reading with your little one. The library is always growing, with amazing stories featuring all the CBeebies' favourites.

CBeebies Playtime Island contains a wide range of fun and educational games to help children understand the world around them and support the development of core skills. Children can play along with all of CBeebies' most popular characters.



