



Weekly Homework Tasks Reception



Dear Reception,

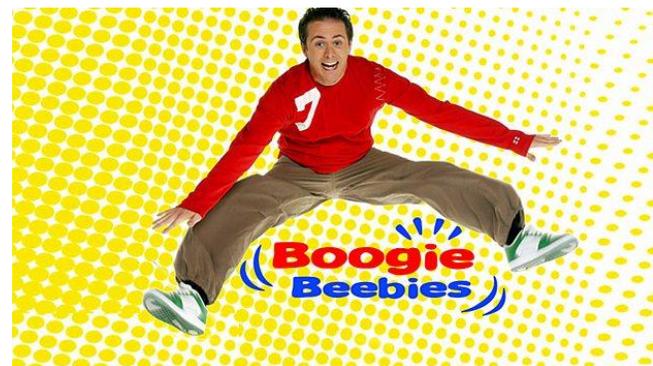
You have been working very hard and making sure that you keep safe. This means washing hands and cleaning the equipment that we use. We hope that you continue to be kind and helpful at home and to those around you.



Wake and Shake (10 minutes max)

- Let's learn about exercising!
- Exercising is when you do a physical activity so your body can stay fit and healthy.
- Try some of these at home today!
- You could also join Joe Wicks on youtube every day at 9am he will take you through a PE session.

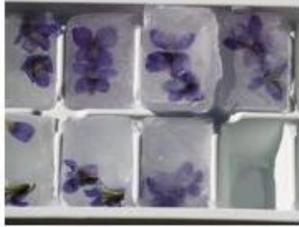
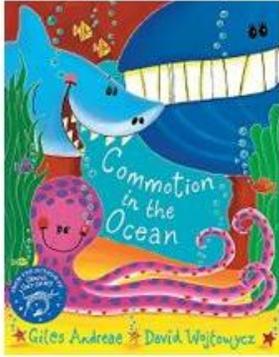
Click the link to join in. <https://www.youtube.com/watch?v=K6r99N3kXME>



Click on the website and have a dance!

<https://www.bbc.co.uk/programmes/b006mvsc>

Try all this at home.

<p>Try making water taste different, add some cucumber, or lemon or maybe even some lime and see if the taste changes each time.</p> 	<p>Put some flowers, petals or leaves into water and then put in the freezer. What happens next?</p> 	<p>Either in the bath or in the sink, can you see which things will sink and which will float?</p> 
<p>Can you write a list of words that have the 'sh' sound in, e.g. ship, fish...</p> <p>Can you then write them in a sentence?</p> <p>A fish swam in the sea.</p>	<p>Read 'Commotion in the Ocean' on You tube.</p> 	<p>Draw your favourite sea creature after reading the story.</p> <p>Give it a name and see what information you can find out about it.</p> 



Everyone needs to count with confidence up to 20, forwards and backwards, even past 20 when you can. Practice your number formation.



This week we would like you to learn both of these life skills:

Learn how to load and unload washing machines.	Learn to tie your shoe laces.
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Important Online Safety Message

Parents, at a time when all children are accessing their home learning from an electronic device, it is imperative that we ensure that children are staying safe online. Parents, please check the websites your children are using are safe and age appropriate - Essex Primary School cannot be responsible for external website content.



Don't forget recommended screen time is just 1 hour per day!

[Apps you Might Like to Explore with Your Child](#)



Fun, educational games for kids.

[username home9414](#)

[password blue9414](#)

<https://www.busythings.co.uk/>



CBeebies Storytime is filled with free interactive story books and bedtime stories for young children and is a great way to enjoy reading with your little one. The library is always growing, with amazing stories featuring all the CBeebies' favourites.



Phonics Hero teaches children to read and spell with systematic synthetic phonics. The app includes over 850 fun and varied games. Using a step-by-step approach, children learn the 44 sounds, the reading and spelling of words, and how to conquer sentences.

[websites that you can access](#)

<https://www.phonicsplay.co.uk/#>

<https://www.phonicsbloom.com/>

<https://www.topmarks.co.uk/english-games/5-7-years/letters-and-sounds>