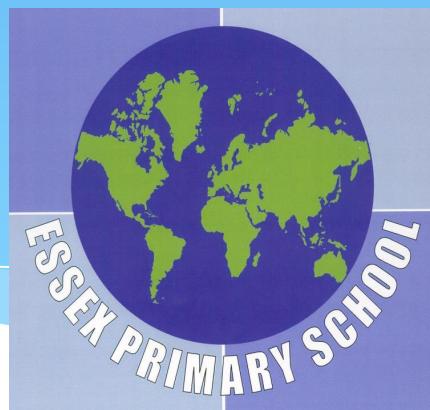


# Essex Primary School

## Year 5 Expectations, 2020-21

**'Parental involvement in children's education from an early age has a significant effect on educational achievement, and continues to do so into adolescence and adulthood'**



# The Year 5 Team

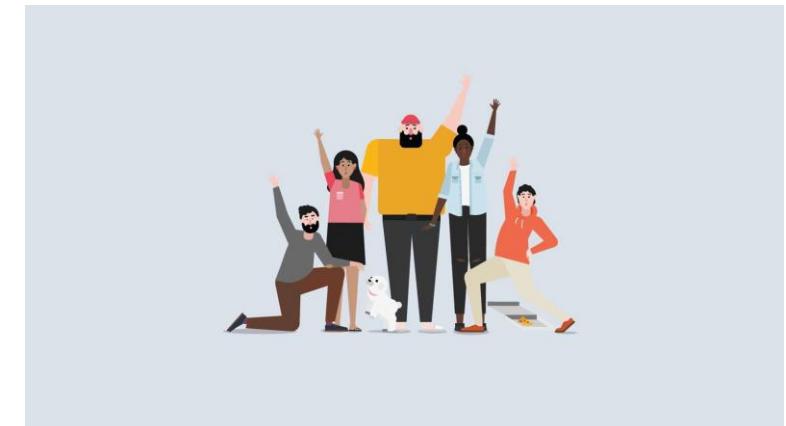
Mrs Chowdhury -Phase Leader

Mrs R Begum (Year Group Lead)- 5B

Ms C Austin - 5A

Mr A Pasha - 5P

Mrs S Begum- 5S



# Year 5 Expectations

## Punctuality and Attendance

Good attendance and punctuality is essential for pupils to achieve their full educational potential. It is also vital for pupils to form good habits for later life.

We have staggered start times for every year group. For year 5, the gates open at 8.50am. We expect children to be in school on time every morning. When they arrive the class teacher sets Early Bird work for them which gets their brains ticking and sets them off for a good day of learning.

At the end of the day, school ends at 3.15 for year 5.

**However, please do not send your child into school if they have any of the following symptoms:**

- \* high temperature
- \* new, continuous cough
- \* loss or change to your sense of smell or taste



## Year 5 Expectations

A reminder that children need to be wearing their PE kits on the day they have PE. Year 5 have PE on Monday and Gym on Wednesday.

### Winter Uniform: Reception to Year 6

Now that it is getting colder, all pupils are expected to be dressed in their winter uniforms.

Boy's Uniform	Girl's Uniform
Blue trousers - not jogging bottoms White school shirt or white polo shirt School Jumper or School Fleece Black or grey socks Black school shoes - no trainers Warm waterproof winter coat	Blue trousers - not jogging bottoms or leggings White school shirt or white polo shirt Blue skirt Blue pinafore dress School Jumper or School Fleece White socks or blue tights Black school shoes - no trainers Warm waterproof winter coat

The blue summer dresses are made from a light cotton material and do not offer sufficient protection against the cold.

Pupils may come to school wearing a pair of boots but must ensure that they have their school shoes to change into once they are in school. School shoes can be left in school.



Please can you ensure that your child has the correct school uniform.

# How can you support your child?

- Have high expectations at home. Encourage your child to complete their homework to a good standard. **Homework is set on Google Classroom every Friday and expected to be completed by Tuesday.**
- Online Safety
- Have a conversation with your child about online safety.
- Explore online together
- Know who your child is communicating with online
- Set rules and agree boundaries
- Make sure that content is age appropriate
- Use parental controls to filter, restrict, monitor or report content
- Check that your child knows how to use privacy settings and reporting tools

# How can you support your child?

Provide them with a quiet place for them to complete their work, support them with the work and ensure they read every day.

## Reading at Home

Pupils change their reading books at least every two weeks. We expect Year 5 pupils to read novels, therefore they may not finish the book in one sitting or a week. Books are now scanned out so that we can keep a record of what your child is reading. Books must be returned to school, there are fines for missing books.

We want them to read at home every day. We are keen for the children to progress in their reading, to do this they need to read aloud daily to an adult. We know our children CAN read fluently but they often struggle with comprehending questions. This means it is important you discuss the book with increasing depth through questioning them.

Questions are effective because they:

- Give children a purpose for reading
- Focus children's' attention on what they are to learn
- Help children to think actively as they read

Each pupil needs to write a short comment in their reading record. Where possible, we would like you to also write comments to communicate to the teachers how they are reading at home.



# Remote Learning

In the event of a confirmed case, small groups of children or class bubbles may need to self-isolate. In these cases, children must continue to learn at home. Remote learning (Blended Learning) is essential and this will support children to access high quality education.

The school is committed to teach children lessons via Zoom based on the learning they would have learnt at school. These sessions will be 30-40 mins long. Tasks will be set linked to this on Google Classroom for the children to complete after the session. They will need to submit work via Google Classroom which will be marked by teachers. You will be sent a schedule for Zoom sessions with passwords and usernames via Ping.

We want you to be prepared so that is why we have shared this information. Children will need a notepad, pencil, electronic device (laptop) and a quiet place to complete their sessions.



# Fairplay House

Unfortunately, this academic year we will not be taking the pupils to the residential visit to Fairplay House. However, we have been very lucky to organise a day at school where the children will get to experience a day at Fairplay House. All expenses paid by the school. Following safety guidelines and careful planning, the instructors will deliver team building activities with year 5 bubbles. We will give you an update on the day on our school newsletter. Date: Friday 13<sup>th</sup> November 2020



FAIRPLAY HOUSE

# RSE: Relationship and Sex Education

The Governing Body of Essex Primary School has approved the content and materials we use to teach RSE in the school. However, there have been no new changes made to the content of our lessons that we have previously taught for Sex Education in year 5.

It is linked to the Year 5 National Science Curriculum:

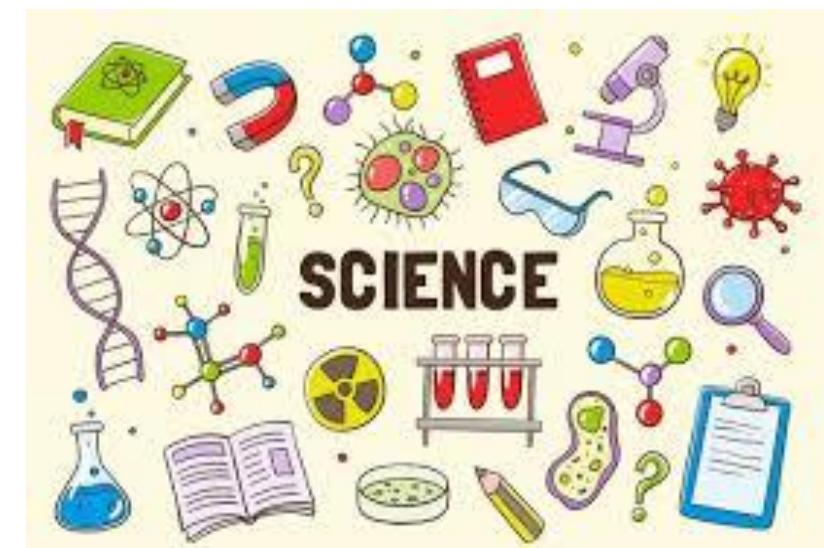
**Living things and their habitats**

**Animals, including humans**

1 session:

Learning objectives:

to identify and understand the changes in the adolescent human body during puberty



# RSE: Relationship and Sex Education

Physical changes that occur during puberty.

## Common changes

- growth of hair around genital areas, under arms
- development of sweat glands
- increased hormone levels which affect feelings/emotions
- changing body shapes

## Male changes

- growth of hair on face, chest
- increased level of testosterone (aggression levels increase)
- sweat glands produce more sweat (increase in body odour)
- Voice drops (lowering/deepening of voice gradually happens)
- Testicles (balls) drop
- Wet dreams – ejaculation of semen during night.

## Female changes

- development of breasts
- periods – menstruation, menstrual cycle
- weight gain
- widening of hips.
- increase level of oestrogen (stoppiness, mood swings)

# RSE: Relationship and Sex Education

## ➤ Key vocabulary

- Gender
- Hormones
- Testosterone
- Genitals
- Voice
- Penis
- Semen
- Menstruation
- Periods
- Vagina
- Reproduction
- Reproductive organs
- Puberty

- Mood
- Oestrogen
- Deepening
- Testicles
- Ejaculation
- Sperm
- Menstrual cycle
- Breasts
- Widening
- Glands
- Body odour
- Development
- Uterus
- Pregnancy
- Facial
- Blood

- Bacteria
- Increased production
- Trusted adult
- Wash regularly
- Deodorant
- Hygiene
- Greasy
- Safety
- Alert
- Fallopian tubes
- Ovum
- Ovary
- Chest
- Thickening
- Sweat
- healthy

# Thank you for attending and listening!

