

Attendance, Attention and Achievement

Weekly Newsletter

Date: 24th November 2023

Dear Parents/Carers,

'Happy Gurpurab!' to everyone celebrating Guru Nanak's birthday on Monday.

The school is closed for pupils on Monday 27th November, it is Inset day for staff.

Pupils at Essex Primary participated in insightful conversations and educational exercises about Guru Nanak. They gained significant knowledge from Guru Nanak's life and teachings. In EYFS, hands-on activities allowed the children to express their creativity while exploring the spirit of Guru Nanak's teachings. Art and craft stations were abuzz with young artists creating vibrant displays.

Rayyan said, "I am making food for hungry people". Pupils were using play dough to make food for langar.



Online Safety Workshop for Parents

Thank you to all the parents for actively participating in the school's recent online safety training session. We look forward to continuing our journey to create a safe and positive online experience for our pupils and community. Here are some more tips for you.

You can also use these websites for monitoring and filtering.

<https://saferinternet.org.uk/guide-and-resource/parental-controls-offered-by-your-home-internet-provider>

<https://www.forbes.com/home-improvement/internet/set-up-parental-controls-on-router/>

<https://support.apple.com/en-gb/HT201304>

LGfL

DigiSafe
keeping children safe

SIX TOP TIPS
To Keep Primary Kids Safe Online During School Closure

Children are bound to spend lots more time on devices during school closure. **DON'T FEEL BAD ABOUT IT** - lots will be schoolwork or catching up with friends. But there are ways to keep them safe, healthy and happy.

Don't worry about screen time; aim for screen quality
Scrolling through social media isn't the same as making a film or story, or Skyping Grandma. Use the Children's Commissioner's 'Digital Five A Day' to plan or review each day together.



**Check the safety settings are turned on**
Whether it's your home internet, mobile devices, consoles, apps or games, there are lots of settings to make them safer. The key ones are - can they chat to strangers, can they video chat or 'go live', are their posts public? **Internet Matters** has hundreds of guides to parental controls.

**Get your children to show you their apps and games**
You don't need to know all about the latest app or game, but if your child shows you what they are doing and with whom, you'll probably see if it's appropriate or not. Remember 18 games are not more advanced - they are harmful to children! For parent guides to apps, including recommendations for kidsafe apps and video platforms, search for **Common Sense Media** or **NSPCC's NetAware**. And why not download the **BBC Own It** app?

**Don't try to hide the news about coronavirus**
If you don't talk about it, your children might read inappropriate pages, believe scare stories or simply catastrophise in their heads. Why not watch **Newsround** together and talk about how they feel - there is guidance from **Childline** to help you.

**Remind them of key online safety principles**
There are too many to list, but remember human behaviour is the same online and offline. Remind your children to be a good friend, to ask for help if they are worried or if someone is mean, not to get undressed on camera and most important of all... if somebody tells them not to tell or ask for help because it's too late or they will get in trouble, **THAT'S A LIE!**

If you aren't sure, ASK!
Your school may be able to give you advice, but there are plenty of other places to ask for help as a parent or a child, whether it is advice or help to fix something. Lots of sites are listed at reporting.lgfl.net, including ones to tell your kids about (they might not want to talk to you in the first instance).



Healthy Schools Active Club

On Tuesday 21st November 2023, parents and their children attended their first Healthy Schools Active Club session. Essex Primary School is striving to achieve our Gold Award status for Healthy Schools this year. Therefore, we have an array of exciting projects taking place throughout the year to help us achieve that goal. This club is a project designed for us to work together to create a healthier community. The children, parents and Mr Parker all enjoyed their first session and can't wait for next week!



Year 3 Bow Arts Project

This week, Year 3 took part in an art workshop in partnership with Bow Arts, where they were involved in creating paintings inspired by the artist Frank Bowling. They worked collaboratively, using their skills of colour mixing and blending, tones and textures; each pupil had the opportunity to experiment and discover their preferred mode of creative expression. Throughout the whole process, pupils used their imagination and decision-making skills.



Community Information

Newham Diabetes Support Club will start in December and go through to May. If any residents have any questions, please feel free to contact Kolsuma Miah (Community Neighbourhood Senior Officer) via her email, Kolsuma.Miah@newham.gov.uk.



Let's celebrate Christmas together - Manor Park Library


Join us on Saturday 9 December from 3pm - 6pm

- Snow globe
- Mini Christmas market outside the library
- Face painting
- Christmas arts & crafts

Location: 685-693 Romford Road, London E12 5BS

 **WE ARE NEWHAM.**

Manor Park Christmas Event is taking place on on Saturday 9th December from 3pm to 6 pm at Newham Library.



Newham Diabetes Support Club

Manor Park Library, 685-693 Romford Road, London E12 5AD

The Newham Diabetes Support Club will be supported by health professionals providing advice and tips on how to adopt a healthy lifestyle to aid you in managing or reducing your risk of developing diabetes.

- Wednesday 6 December
- Wednesday 10 January
- Wednesday 7 February
- Wednesday 6 March
- Wednesday 17 April
- Wednesday 1 May

All sessions 6-7.30pm.

For more information please contact Kolsuma Miah email: CN.ManorPark@newham.gov.uk or call 0203 373 0858

newham.gov.uk/diabetes **WE ARE NEWHAM.**



Star of the week (KS1)

KS1 are extremely proud of the children's achievements.

Shuaib (Bumblebee)	Samaira (Butterfly)	All of Beetle	Ibrahim (Moth)
Subair (Anaconda)	Aizah (Crocodile)	Jessie (Gecko)	Tiba (Tortoise)



Green leaves (KS2)

KS2 are extremely proud of the children's achievements.

Naomi (Vendace)	Arafat (Lamprey)	Swoti (Halibut)	Zoya A (Bluefin)
Syeeda & Homayra (Kiwi)	Jeevan (Grebe)	Mahveen (Nightingale)	Asad (Puffin)
Yahya H (Baobab)	The whole class (Chestnut)	Ishaal (Maidenhair)	Sarvasthy (Redwood)
Mikael (Orchid)	Tahira (Clary)	Rayan (Helleborine)	Zayd B (Wintergreen)

Walk to School



Classes with the highest percentage of walking:		Classes that have been the most active:	
1st	Clary (100%)	1st	Rhino , Lamprey , Kiwi& Clary (100%)
2nd	Maidenhair (99%)	2nd	Maidenhair (99%)
3rd	Orchid (98%)	3rd	Beetle, Anaconda, Vendace& Baobab (98%)

Important Dates

Date	Event / Information
27th November 2023	School closed for pupils (STAFF INSET Day)
8th December 2023	Christmas Jumper day

Attendance Matters!



Every Student, Every School, Every day

Here is our attendance chart. Thank you to all the parents who have sent their children to school during this time. Sending your child to school plays a vital role in your child's development.

Class	%	Class	%	Class	%	Class	%
Nursery Tiger(am)	86.1	Year 1 Bumblebee	94.0	Year 3 Lamprey	95.4	Year 5 Baobab	100.0
Nursery Rhino(am)	85.7	Year 1 Butterfly	97.9	Year 3 Halibut	94.8	Year 5 Redwood	95.2
Nursery Tiger(pm)	78.9	Year 1 Beetle	89.3	Year 3 Bluefin	91.4	Year 5 Maidenhair	93.3
Nursery Rhino(pm)	90.7	Year 1 Moth	90.7	Year 3 Vendace	92.0	Year 5 Chestnut	98.6
Reception Dolphin	92.5	Year 2 Anaconda	95.7	Year 4 Grebe	91.0	Year 6 Orchid	90.7
Reception Vaquita	88.3	Year 2 Crocodile	94.8	Year 4 Puffin	99.3	Year 6 Clary	87.9
Reception Turtle	91.3	Year 2 Gecko	95.0	Year 4 Nightingale	94.7	Year 6 Helleborine	97.9
Reception Penguin	89.7	Year 2 Tortoise	93.7	Year 4 Kiwi	94.5	Year 6 Wintergreen	95.3
Whole School			93.4%				

School Clubs (Week beginning 27th November)

Monday	Tuesday	Wednesday	Thursday	Friday
<u>INSET DAY</u> School closed for pupils	<u>Before School Club 8:00-8:45</u> Year 1&2: Netball Year 3&4: Yoga <u>After School Club 3:30-4:30</u> KS1: Dance Year 3&4: Hockey Year 5&6: Hockey	<u>Before School Club 8:00-8:45</u> Year 3&4: Netball Year 5&6: Handball <u>After School Club 3:30-4:30</u> KS1: Gymnastics Year 3&4: Football Year 5&6: Netball Year 6: Debate Club <u>3:15 - 4:15</u> Year 3-6: Police Cadets	<u>Before School Club 8:00-8:45</u> Years 1&2: Handball Year 5&6: Football <u>After School Club 3:30-4:30</u> KS1: Multi-skills Year 3&4: Multi-skills Year 5&6 Multi-skills Year 2, 3, 4, 5 & 6 : Reading Gladiators <u>3:30 - 4:20</u> Year 1: Reading Warriors	<u>Before School Club 8:00-8:45</u> Year 5&6: Table Tennis KS1: Multi-skills <u>After School Club 3:30-4:30</u> KS1: Hockey KS2: Gymnastics KS2: Dance

Mrs Cecilia Mojzes
Executive Head Teacher

Mr Rick Probett
Chair of Governors

Mrs Amber Ilyas
Associate Head Teacher