

## Sports Premium Plan Essex Primary School 2022 - 2023 (Evaluation)

Total on roll	902 pupil on roll (Autumn term - 11/11/22) 809 pupils excluding Nursery (Autumn term - 11/11/22)
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Financial year	Amount of Sports Premium Funding
2022 - 2023	£22,860

### Impact and Evaluation

#### Langdon Sports Partnership

#### Review & Impact

At Essex Primary School our results through the 2022 - 2023 academic year have moved in an upward trend since joining the Langdon Partnership. Our consistent finishing in the top four places have been a great achievement for pupils and staff and a huge improvement from last year's results.

Date	Competition/ Skill	Achievement
31 January 2023	To develop physical skills Football Y5/6 Boys Langdon	3rd position
28 February 2023	To develop physical skills Football Y3/4 Girls Langdon	8th position
14 February 2023	To develop physical skills Football Y3/4 Boys Langdon	2nd position
28 March 2023	To develop physical skills Football Y5/6 Boys Manor Park Cup	3-1 win
28 March 2023	To engage new audiences Sportshall Athletics Y5/6 Mixed Langdon	3rd position
29 March 2023	To engage new audiences Sportshall Athletics Y3/4 Boys Langdon	4th position

18 May 2023	To develop physical skills Football Y5/6 Boys Shaftesbury Tournament	3rd Position
23 May 2023	To develop physical skills Cricket Y5/6 Mixed Langdon	3rd Position
22 June 2023	To develop physical skills Football Y5/6 Boys Manor Park Cup	4-1 win
27 June 2023	To develop physical skills Cricket Y5/6 Essex Cricket & Higgins Festival	1st Position
13 July 2023	To develop physical skills Football Y5/6 Boys Manor Park Cup	6-1 win
17 July 2023	To develop physical skills Football Y5/6 Boys Manor Park Cup	5-0 win, Cup Winners

### **PE professional coaches for PE lessons and for after school clubs**

#### **Review & Impact**

The employment of PE coaches especially this year have challenged our pupils to a new level of achievement. There has been a great focus on improving physical health as this can have a positive impact on mental health and wellbeing. PE teaching is always at the government standard of 2 hours a week, along with before and after school clubs and more extra curricular activities during school time.

Pupils enthusiasm and motivation has improved with greater participation in after school sports clubs including handball, football, dodgeball, gymnastics, athletics and basketball. Before and after school sports clubs are fully subscribed and sessions are fairly distributed to give as many pupils opportunities to participate. Specific clubs are also available for team training such as the football team and the cricket team.

The availability of a wider variety of sports including sports hall athletics and competition club has inspired more pupils to participate in competitive and non-competitive physical activity. This has motivated them to have a willingness to learn and perform so they can be selected for competitions outside school. The number of competitions attended has increased and children now have a focus to compete at a high level. Fun and enjoyment has also been a focus and this has inspired pupils to participate with more competitiveness.

All pupils have had an opportunity to participate in a variety of sports and games at lunch time. G&T sessions have been available to gifted and talented students. This has improved their social skills with other pupils from different years and confidence in overall schooling.

**Equipment, Educational visits, resources (new lunchtime equipment and trophies and medals)  
PE Coaches lead sessions at lunchtime for pupils**

**Subsidise residential (Fairplay House ) promoting physical activity**

**Review & Impact**

Pupils have access to a wide range of equipment to use for a variety of sporting games. This equipment has also been used for competition practice, lessons for G&T pupils and those with SEND. During break times and lunchtime the equipment offered to pupils promotes bonding between the pupils and creates new friendships across year groups. Essex covers a wide range of sports and all of these sports have top quality equipment that the children can use to progress and improve their natural ability.

Fairplay House Residential visits (Year 5 & 6) have been a fantastic tool to take pupils out of their comfort zone and it has really challenged their physical and mental skills when taking part in tasks. Pupils have developed more independence, life skills and taken part in physical activities.

**Swimming with highly qualified Swimming instructors at the Aquatic Centre**

**Pupils in year 6 who have not met the expected standard, will receive swimming lessons. (This will be based on Government guidance for COVID-19)**

**Review & Impact**

Based on the attainment of the year 5 cohort (2022/2023 Year 6 leavers)

58 pupils were non-swimmers and had never been swimming before, 51 pupils had been swimming before.

At the beginning, only 15 pupils could actually swim (14%) and were already at the expected standard. These pupils were already having swimming lessons outside of school.

Of the non-swimmers, only 2 pupils achieved the expected standard by the end of the course.

Of the 51 pupils that had been swimming before, 96% pupils achieved the expected standard by the end of the course.

45% of the pupils made progress in water confidence (could swim 2m or more)

38% of the pupils made progress in water confidence (could swim 5m or more)

31% of the pupils made progress in water confidence (could swim 10m or more)

2 pupil (2%) of the non-swimmers made progress in water confidence (could swim 15m or more)